



AQC LABS

Serving for quality...



C.A. No. B/2 272

AQC LABS

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Issued To:

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DATE: 10.07.2024

NUTRITIONAL INFORMATION (APPROX) CHART

Product Name: Quinoa Seeds

NUTRITIONAL INFORMATION Per 100 g (% RDA/Serve)		
Nutritional Information (Approximate Values)		
Serve Size: 20g Pack Contains about (Packet Size/Serving Size) Serving Per Pack		
	per 100 g	% *RDA Per Serve
Energy	387.42 kcal	3.9 %
Carbohydrates	68.43 g	-
Protein	14.97 g	-
Dietary Fibre	7.26 g	-
Total Sugar	<0.5 g	-
Added Sugar	<0.5 g	0.0 %
Total Fat	5.98 g	1.8 %
Saturated Fat	0.70 g	0.6 %
Monounsaturated Fat	1.35 g	-
Polyunsaturated fat	3.89 g	-
Trans Fat	<0.1 g	0.0 %
Cholesterol	Nil mg	-
Sodium (as Na)	50.93 mg	0.5 %

*Per Serve % Contribution to RDA based on 2000 kcal energy for average Adult Per Day

Note: Above Nutritional Value (Per 100 g) & Per Serve data is provided by the customer.
% RDA is calculated w.r.t. to Recommended Dietary Allowance (2000 kcal Energy Diet) also provided in FSSAI Notification. (Food Safety And Standards (Labeling And Display) Regulations, 2020)



Approved by
Govt. of India under "AGMARK"

GLP
Certified

An ISO 9001:2015
Certified

An ISO 17025:2017
Compliant

1. Sample (S) drawn and submitted by the customer, unless otherwise stated.
2. This certificate refers only to the particular item submitted.
3. The result listed refer only to the tested sample and applicable parameters.
4. The report will not be reproduced wholly or in-part without special permission in writing.

5. The liability of the laboratory is limited to the invoiced amount.
6. The sample will be stored only for two weeks from the date of issue of certificate, unless perishable item.
7. Test method not mentioned by the customer, unless otherwise stated.
8. In case of any dispute Indore jurisdiction shall be referred.